



In vitro* bioactive potential and chemical analysis of the n-hexane extract of the medicinal mushroom, *Cordyceps militaris

Ali El-Hagrassi¹, Ghoson Daba², Waill Elkateeb^{2*}, Eman Ahmed², Asmaa Negm El-Dein², Walid Fayad³, Mohamed Shaheen⁴, Riham Shehata⁴, May El-Manawaty³ and Ting-Chi Wen^{5*}

¹Phytochemistry and Plant Systematic Department, Pharmaceutical industries Division, National Research Centre, Dokki, Giza, 12622, Egypt.

²Chemistry of Natural and Microbial Products Department, Pharmaceutical Industries Division, National Research Centre, Dokki, Giza, 12622, Egypt.

³Drug Bioassay-Cell Culture Laboratory, Pharmacognosy Department, National Research Centre, Dokki, Giza, 12622, Egypt.

⁴Environmental Virology Laboratory, Water Pollution Research Department, Environmental research Division, National Research Centre, Dokki, Cairo, Egypt.

⁵Engineering Research Center of Southwest Bio-Pharmaceutical Resources, Ministry of Education, Guizhou University, Guiyang 550025, Guizhou Province, China.

Email: wailahmed@yahoo.com; tingchiwen@yahoo.com

Received 8 November 2019; Received in revised form 30 November 2019; Accepted 15 January 2020

ABSTRACT

Aims: *Cordyceps militaris* is a medicinal mushroom from Ascomycota. The aims of this study were to explore and identify the chemical compounds extracted in the non-polar fraction of the mushroom and to examine the biological potential of this extract.

Methodology and results: The n-hexane extract metabolites were identified using gas chromatography-mass spectrometry (GC-MS) and results revealed the presence of 37 compounds delivered from different chemical classes and were mainly comprised of fatty acids and their esters (72%), carboxylic acids and their esters (10.39%), and a sulphur compound (7.1%). The n-hexane extract recorded a promising antioxidant effect (80.9±1.5%) at 80 mg/mL total extract; potent cholesterol reduction activity (100%) was obtained after 96 h incubation by the total metabolites (4%). The cytotoxicity of the compounds revealed 50% cytotoxicity concentration (CC₅₀) > 1 mg/mL and anti-rotavirus SA-11 effect where inhibition of virus attachment and penetration into infected cells was recorded at 50% effective concentration (IC₅₀) of 300±0.2 µg/mL.

Conclusion, significance and impact of study: This study confirmed the impact of the fatty acids produced by *C. militaris* as bioactive metabolites.

Keywords: Medicinal mushroom, *Cordyceps militaris*, antiviral, GC-MS analysis, fatty acids

INTRODUCTION

Mushrooms are a natural mine of biologically active compounds, which are responsible for their therapeutic reputation and were used in old East Asia conventional medicines. One of the most famous medicinal mushrooms is the insect mushroom, *C. militaris* (the orange caterpillar fungus), which is an Ascomycetous fungus that parasites on caterpillars (Smiderle *et al.*, 2014), though it was previously reported to grow also on some grains such as germinated soybeans (Ohta *et al.*, 2007), rice grain (Hong *et al.*, 2010) and spent brewery grains (Gregori, 2014).

Cordyceps militaris gains a superior attention over

other *Cordyceps* species since it can be cultivated artificially (Yang *et al.*, 2012), also due to the continuously updated list of biologically active compounds extracted from its fruiting bodies. Cordycepin (3-deoxyadenosine) is one of the most important biologically active compounds extracted from *C. militaris*. Cordycepin exhibits antitumor, antimetastatic, and immunomodulatory activities (Cunningham *et al.*, 1951; Jeong *et al.*, 2013; Wang *et al.*, 2017), inhibit human immunodeficiency virus infection (Mueller *et al.*, 1991), antimicrobial (Ahn *et al.*, 2000) and insecticidal activities (Kim *et al.*, 2002). Additionally cordycepin has hypolipidaemic (Gao *et al.*, 2011), antiasthmatic effects (Tianzhu *et al.*, 2015), prevents hyperglycemia (Ma *et al.*, 2015) and prevents hyper-

*Corresponding author

glycemia hyperuricemia (Yong *et al.*, 2018).

Polysaccharides extracted from *C. militaris* have a wide range of biological activities. They inhibited cancer growth in S180 mice and reduced significantly toxicity side effect of chemotherapy (Zhong *et al.*, 2008). They also showed antioxidant activity *in vitro* (Wang *et al.*, 2012). Moreover, *C. militaris* originated polysaccharides have an immunostimulatory effect and could reduce the *in vivo* melanoma growth in experimental mouse (Lee and Hong, 2011). On the other hand, cordymin extracted from *C. militaris* has over 21 approved medical applications in the field of human health especially as antifungal, anti-proliferative and anti-cancer (Mizuno, 1999; Wong *et al.*, 2011).

Furthermore, *C. militaris* extracts contain other biometabolites such as cordycepic acid (D-mannitol), flavonoids, glucans, macrolides, and sterols (ergosterol) (Rukachaisirikul *et al.*, 2004; Wong *et al.*, 2011; Nallathamby *et al.*, 2015; Sun *et al.*, 2017). These compounds deliver various biological activities including antiviral, anti-inflammatory, antibacterial, antitumor, anti-proliferative, anti-metastatic, anti-angiogenetic, hypoglycaemic, anti-fibrotic and immunomodulatory activities (Ng and Wang, 2005; Won and Park, 2005; Paterson and Russel, 2008; Yang *et al.*, 2012; Hung and Lee, 2017). Moreover, some *C. militaris* extracts have a role in improving insulin secretion as well as insulin resistance (Choi *et al.*, 2004).

However, available information about the medicinal properties of *C. militaris* is mainly focusing on those related to its polysaccharides and cordycepin extracts. Therefore, in this study, the antioxidant, hypoglycemic, anti-rotavirus, as well as cholesterol reducing properties of the n-hexane extract of *C. militaris* were investigated. Moreover, GC-MS analysis was conducted in order to elucidate metabolites existing in this *C. militaris* n-hexane extract.

MATERIALS AND METHODS

Sample and extraction

Cordyceps militaris was brought from Guizhou, Tianqi, Wildlife, sources, conservation R&D Centre in Guiyang city, Guizhou province, China. Two hundred and fifty grams of *C. militaris* fruiting bodies were washed with distilled water, air dried before cut into small pieces and placed in an Erlenmeyer flask containing n-hexane at room temperature and kept for 48 h prior to filtering. The resulting filtered extract was concentrated at 37 °C using a rotary evaporator. Obtained extract was stored at 4 °C in a clean closed container until further use.

GC-MS analysis

The analysis of the n-hexane extract was performed using a GC-MS instrument stands at the Department of Medicinal and Aromatic Plants Research, National Research Center, Egypt with the following specifications. Instrument: TRACE GC Ultra Gas Chromatographs

(THERMO Scientific Corp., USA), coupled with a THERMO mass spectrometer detector (ISQ Single Quadrupole Mass Spectrometer). The GC-MS system was equipped with a TG-WAX MS column (30 m × 0.25 mm i.d., 0.25 µm film thickness). Analyses were carried out using helium as carrier gas at a flow rate of 1.0 mL/min and a split ratio of 1:10 using the following temperature program: 60 °C for 1 min; rising at 3.0 °C/min to 240 °C and held for 1 min. The injector and detector were held at 240 °C. Diluted samples (1:10 hexane, v/v) of 0.2 µL of the mixtures were always injected automatically in splitless mode. Mass spectra were obtained by electron ionization (EI) at 70 eV, using a spectral range of m/z 40-450. Most of the compounds were identified using the analytical method: mass spectra (authentic chemicals, Wiley spectral library collection and NIST library). The quantification of the components was based on the metabolites as detected by the mass spectrometer. Identification of the constituents was carried out by comparison of their retention times and fragmentation pattern of mass with those of published data assay (Adams, 1995) and with those of the Wiley 9 and NIST08 mass spectra library.

Antioxidant scavenging activity

DPPH (1-diphenyl-2-picrylhydrazyl) scavenging activity was measured as described by Lee *et al.* (2010). Briefly, 500 µL of ethanolic DPPH solution (0.4 mmol) was vigorously mixed vigorously with 500 µL of *C. militaris* n-hexane extract (80 mg/mL) or water (as a control) and incubated at 37 °C in the dark for 1 h. The absorbance of the mixture was measured spectrophotometrically at 517 nm. The percentage of scavenging activity was calculated as $[1 - (A_s - A_b)/A_c] \times 100$, whereas A_b , A_c and A_s is the absorbance of the blank (ethanol and sample), the control (DPPH and deionised water) and the sample (DPPH and sample), respectively. Ascorbic acid at the concentration of 0.1% was used as positive control.

Cell culture

HCT116 colon carcinoma human tumor cell lines were cultured in 95% humidity, 5% CO₂ and 37 °C. The cell line was maintained in McCoy's 5A medium supplemented with 10% fetal bovine serum.

Cytotoxicity on HCT116 cell line monolayers

The acid phosphatase assay was used to assess cytotoxicity according to the method described by Yang *et al.* (2012). A number of cells (1000) were seeded per well in 96 well microtiter plates, left to attach overnight, and then treated with samples for 3 days. For one plate, a substrate solution was prepared where 20 mg tablet of pNPP (Sigma; cat. no. N2765) was dissolved in 10 mL buffer solution (0.1 M sodium acetate, 0.1% triton X-100, pH 5.0). Cell monolayers were washed with 250 µL PBS. pNPP substrate solution (100 µL) was added per well, then plates were incubated for 4 h at 37 °C. Sodium

hydroxide (1N) stop solution was used by adding 10 μ L per well. Absorbance was measured directly at wavelength 405 nm. All samples were tested in triplicates, and 0.5% DMSO was used as negative control and 50 μ M cisplatin was used as the positive control. Samples were tested at serial dilutions with final concentration of 100, 50, 25 and 12.5 μ g/mL. Percent cytotoxicity was calculated by the formula:

Cytotoxicity = $[1 - (D/S)] \times 100$, where D and S denote the optical density of drug and solvent treated wells, respectively.

In vitro cholesterol reduction by *C. militaris* n-hexane extract

Different concentrations of *C. militaris* n-hexane extract (0.5-4%) were prepared. Soluble cholesterol (1 mL) was added to 4 mL of each concentration and incubated at room temperature for 24, 48, 72 and 96 h. To determine the residual amount of cholesterol, the cholesterol assay kit (Biodiagnostic, Egypt) was used and the percentage of cholesterol reducing activity was assessed. The control was prepared by adding distilled water (4 mL) to the soluble cholesterol (1 mL). The percentage of cholesterol reducing activity was calculated as describes previously (Pan *et al.*, 2005) as follows:

Cholesterol reducing activity (%) = $[(A_0 - A) / A_0] \times 100$, where A_0 : absorbance of the control (500 nm); A: absorbance of the sample (500 nm). Tests were carried out in triplicate.

Antidiabetic activity (α -amylase inhibitory activity)

The α -amylase inhibition activity of the n-hexane extract of *C. militaris* was investigated as described by Xiao *et al.* (2006). The enzyme α -amylase (4 U/mL) was prepared in phosphate buffer solution (pH 6.8). Different concentrations of *C. militaris* extract (0.6-220) ppm were prepared and 15 μ L of each concentration was mixed with 60 μ L of α -amylase (4 U/mL) and incubated in a 96 well microtiter plate for 15 min at 37 °C. Soluble starch solution (0.2%) was dissolved by heating in a microwave, filtered and 60 μ L of the prepared solution was added and incubated at 37 °C for 10 min. The reaction was stopped by the addition of 30 μ L of 1M HCl and 150 μ L KI/I₂ aqueous solution. The α -amylase activity was determined spectrophotometrically at 595 nm by measuring the quantity of the released blue color. In the negative control 15 μ L of buffer solution was used instead of the sample. Acarbose was used as a positive control. The calculation and analysis of data were done using GraphPad Prism programme.

Cell lines and virus titration

Rhesus monkey kidney cell line (MA 104) were used for culturing of simian rotavirus SA-11 strains. MA 104 cells were cultivated in Dulbecco's Modified Eagle Medium

(DMEM). The media were provided with 10% heat inactivated fetal bovine serum (FBS), 100 μ g/mL streptomycin and 100 units/mL penicillin, 1% HEPES (4-2-hydroxyethyl-1-piperazineethanesulfonic acid). The cell culture was incubated under humidified 5% CO₂ atmosphere in CO₂ incubator. The medium used for both cytotoxicity and antiviral assays contained only 2% of fetal bovine serum. RV SA-11 for antiviral experiments was activated by 10 mg/mL trypsin for 30 min at 37 °C. RV SA-11 stock was titrated using MA 104 in 96 well microtiter plates as described previously by Shaheen *et al.* (2015). The viral titers were calculated as TCID₅₀/0.1 mL (50% tissue culture infectious doses/0.1 mL) according to Spearman Kärber formula (Finney, 1952). RV SA-11 stock was kept in small aliquots at -80 °C until use.

Cytotoxicity assay

Different concentrations of *C. militaris* n-hexane extract (7.8, 15.6, 31.25, 62.5, 125, 250, 500, and 1000) μ g/mL were prepared in DMEM (containing 2% FBS and 2% antibiotics). The cytotoxic activity of the tested extract was examined onto MA 104 by using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) colorimetric assay (Nabil *et al.*, 2012). Briefly, the cell lines (5×10^3 and 5×10^4 cells/well) were seeded in 96 well microtiter plates. After 24 h in 5% CO₂ incubator at 37 °C, the cell monolayers were treated with various concentrations of the extract (each dilution in triplicate). Cell control was used without sample treatment. The treated or non-treated cells were incubated for two days at 37 °C in a 5% CO₂ incubator with checking the cell morphology under inverted microscope daily. After the previous incubation period, the culture medium was discarded and replaced by 100 μ L of MTT solution (5 mg/mL) for 4 h at 37 °C in CO₂ incubator. After that, the MTT solution was removed and replaced by 50 μ L DMSO/well. After 30 min at 37 °C, the optical densities (OD) were measured using ELISA reader at 540 nm. The percentage of cytotoxic effects was calculated as $[(C - T) / C] \times 100$, where C refers to the average of three optical densities of cell control and treated cells, respectively.

Antiviral activity

MA 104 at a concentration of 5×10^4 cells/well were cultured for 24 h in a CO₂ incubator at 37 °C in the 96 well microtiter plates. After removing the culture media, three non-toxic concentrations of the extract were tested against viral infections. Aliquot of 50 μ L of 10⁶ TCID₅₀ virus suspensions was incubated with 50 μ L of culture media (with or without the test compound) in a humidified 5% CO₂ atmosphere for 1 h at 37 °C then the mixed solution was added to cell monolayers. After 1 h in a CO₂ incubator, the mixed solution was removed. The cell lines were washed two times with culture medium then 200 μ L infectious medium (FBS free DMEM containing 2 μ L of trypsin) was added to cells. Virus controls, containing the virus suspension, and cell controls, containing culture

medium, were included in the assay. All plates were incubated for 3 days at 37 °C in a CO₂ incubator and the cytopathic effect of the virus was monitored daily then measured by the MTT as described above. The percentage of protection was calculated as $[(T-V)/(C-V) \times 100]$, where T, V and C are the absorbance readings of the extract with virus, virus control, and cell control, respectively. Therapeutic index (TI) of the tested extracts was calculated as the ratio of CC₅₀ over IC₅₀.

RESULTS AND DISCUSSION

GC- MS analysis

The results of GC-MS analysis on n-hexane extract of *C. militaris* indicated the presence of 37 compounds which were identified and classified into different classes (Table 1 and Figure 1). The major constituent was the fatty acids and their esters class where 16 compounds were identified and represented 72% of the total compounds. Of all compounds only five were classified as carboxylic acids and their esters (10.39%). The major peak areas was 30.2% for 9,12-octadecadienoic acid, methyl ester, (E,E)-(Linolelaidic acid, methyl ester). The previous results were obtained by the use of computer searches on NIST Ver.2.1 MS data library and by comparing the spectrum obtained through GC-MS of the compounds present in the plant sample. The individual compounds from n-hexane extract were identified based on direct comparison of the retention times and their mass spectra with the spectra of known compounds stored in the spectral database, NIST (version year 2005).

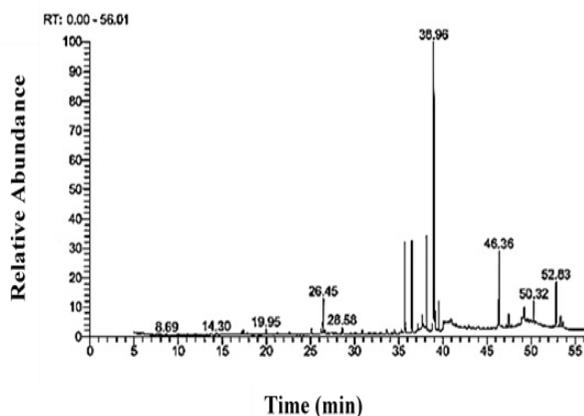


Figure 1: Total ion chromatogram of *C. militaris* n-hexane extract.

The majority of the compounds in the chemical profile were related to fatty acids, carboxylic acids and their esters which were known for their biological activities (antioxidant, anticancer and anti-cholesterol). Some of the identified compounds didn't possess any biological activities, while the others were reported to have potent activities.

The aromatic alcohols compound Phenol, 2,4-bis (1,1-dimethylethyl) was reported as an antioxidant compound. Heptadecanoic acid, methyl ester (1.27%) and 9-octadecenoic acid (Z)-, methyl ester (Methyl oleate) (2.35%) were known as anticholesterol effect. Additionally, linoleic acid ethyl ester (Ethyl linoleate) has a potent cytotoxic effect on cancer cells.

Antioxidant activity of the *C. militaris* n-hexane extract

Scavenging of DPPH free radical assay was used for antioxidant assay and it was attributed to the hydrogen donating abilities of antioxidants. The antioxidant potential of *C. militaris* metabolites was evaluated as shown in Figure 2. N-hexane extract exhibited a potent activity (80.9±1.5%). Previous reports confirmed the anti- DPPH oxidation of aqueous and ethanol extracts of *C. militaris*, (Yuxiang *et al.*, 2006). Based on the reported information we could suggest that this activity was related to the presence of the bioactive aromatic alcohols compounds; Phenol, 2,4-bis (1,1-dimethylethyl) (Ajayi *et al.*, 2011).

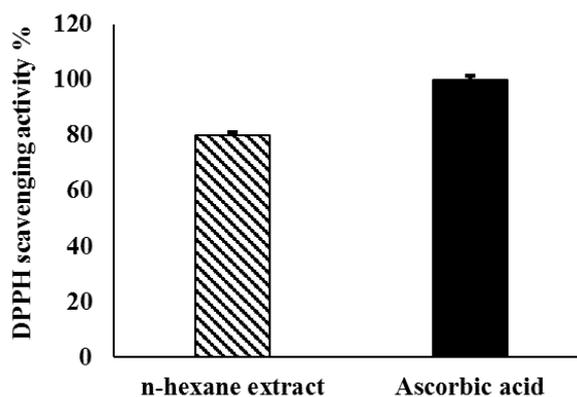


Figure 2: Antioxidant activity of ascorbic acid (positive control), and *C. militaris* n-hexane extract at 80 mg/mL. Error bars represent the standard deviation of three independent experiments.

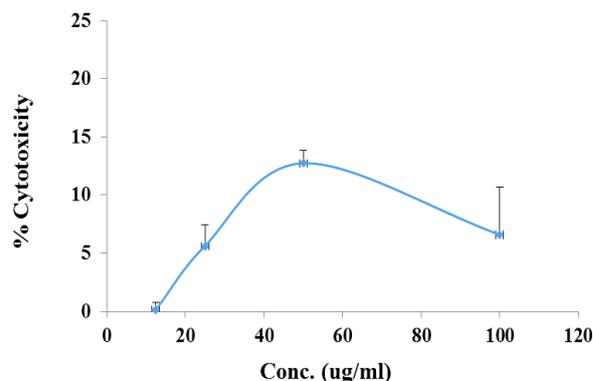


Figure 3: Cytotoxicity of HCT116 cell line monolayers by *C. militaris* n-hexane extract. Error bars represent the standard deviation of three independent experiments.

Hypocholesterolemic potential of *C. militaris* metabolites

The results shown in Table 2 revealed a gradual increase in cholesterol reduction activity with the increasing concentration of the extract as well as the increase in the incubation time of each concentration. The highest

reducing activity of *C. militaris* was achieved after 96 h of incubation with the highest concentration (4%) of the n-hexane extract. GC-MS analysis revealed the presence of Heptadecanoic acid, methyl ester, 9-octadecenoic acid (Z)-, methyl ester (Methyl oleate). These results suggest involvement of fatty acids compounds in cholesterol reduction as described previously (Hema *et al.*, 2011).

Table 1: GC-MS analysis of *C. militaris* n-hexane extract.

No.	Name of the compounds	Molecular formula	Retention time (min)	Molecular weight	Peak area (%)
i) Hydrocarbons					
1	Pentadecane	C ₁₅ H ₃₂	26.16	212	0.65
2	Hexadecane	C ₁₆ H ₃₄	28.58	226	0.60
3	Docosane	C ₂₂ H ₄₆	30.85	310	0.36
ii) Fatty alcohol					
4	1,16-Cyclocorynan-16-methanol,19,20-didehydro-17-hydroxy-10-methoxy-, (19E)-	C ₂₁ H ₂₆ N ₂ O ₃	42.92	354	0.45
iii) Carboxylic acids and their esters					
5	Heptanoic acid, trimethylsilyl ester	C ₁₀ H ₂₂ O ₂ Si	17.20	202	0.35
6	Octanoic acid, trimethylsilyl ester	C ₁₁ H ₂₄ O ₂ Si	19.96	216	0.52
7	Decanoic acid, trimethylsilyl ester	C ₁₃ H ₂₈ O ₂ Si	25.11	244	0.62
8	Methyl 1,3-dihydro-2H-isobenzofuran-4-carboxylate	C ₁₀ H ₁₀ O ₃	36.50	187	8.45
9	Mono(2'-ethylhexyl) hexanedioate	C ₁₄ H ₂₆ O ₄	38.02	258	0.45
iv) Phenolic ester					
10	1,2-Benzenedicarboxylic acid, butyl 2-ethylhexyl ester	C ₂₀ H ₃₀ O ₄	34.55	334	0.44
v) Halogenated					
11	Androstane, 17,18-diiodo-, (5 α ,17 α)-	C ₁₉ H ₃₀ I ₂	37.75	512	0.98
vi) Sulphur Compounds					
12	Bis(6-methylthieno[3',2':8,9]bicyclo[4.3.0]non-1(2)-en-3-ylidene)	C ₂₄ H ₂₄ S ₂	52.83	376	7.10
vii) Ketones					
13	1,4-Hexadien-3-one,5-methyl-1-[2,6,6-trimethyl-2,4-cyclohexadien-1-yl]-	C ₁₆ H ₂₂ O	47.48	230	1.38
14	3-Methyl-3,9,13-triazapentacyclo[8.7.0.1(2,6).0(5,7).0(14,19)]nonadeca-	C ₁₇ H ₁₅ N ₃ O ₂	49.60	293	0.36
15	1,4,14,15,17-pentaen-8,10-dione 3 α -Acetoxy-5 α -pregnan-18,20-dione	C ₂₃ H ₃₄ O ₄	52.56	374	0.35
viii) Triterpene					
16	Supraene	C ₃₀ H ₅₀	50.32	410	2.33
17	Tetracosapentaene, 2,6,10,15,19,23-hexamethyl (Dihydrosqualene)	C ₃₀ H ₅₂	49.76	412	0.45
ix) Steroids					
18	2,3-Secocholestan-2,3-dioic acid	C ₂₇ H ₄₆ O ₄	53.60	434	0.82
x) Fatty acids and their esters					
19	Murrangatin isovalerate	C ₂₀ H ₂₄ O ₆	26.45	360	3.20
20	Tetradecanoic acid, 12-methyl-, methyl ester	C ₁₆ H ₃₂ O ₂	33.66	256	0.56
21	Pentadecanoic acid,14-methyl-, methyl ester	C ₁₇ H ₃₄ O ₂	35.70	280	8.17
22	9,12-Octadecadienoic acid (Z,Z) (Linoleic acid)	C ₁₈ H ₃₂ O ₂	37.18	280	0.81
23	Heptadecanoic acid, methyl ester	C ₁₈ H ₃₆ O ₂	37.64	284	1.27
24	Hexanoic acid, 2-ethyl-, anhydride	C ₁₆ H ₃₀ O ₃	38.15	270	8.05
25	9,12-Octadecadienoic acid, methyl ester, (E,E)- (Linoleic acid, methyl ester)	C ₁₉ H ₃₄ O ₂	38.96	294	30.2
26	9-Octadecenoic acid (Z)-, methyl ester	C ₁₉ H ₃₆ O ₂	39.05	296	2.35

	(Methyl oleate)				
27	Octadecanoic acid, methyl ester (Methyl stearate)	C ₁₉ H ₃₈ O ₂	39.51	298	4.62
28	Linoleic acid ethyl ester (Ethyl linoleate)	C ₂₀ H ₃₆ O ₂	40.13	308	2.09
29	9-Octadecenoic acid (Z), 2-hydroxy-1,3-propanediyl ester	C ₃₉ H ₇₂ O ₅	40.89	620	0.41
30	cis-10-Nonadecenoic acid	C ₁₉ H ₃₆ O ₂	41.52	296	0.40
31	(2E,4S,6S,8S)-2,4,6,8-Tetramethyl-2-undecenoic acid	C ₁₅ H ₂₈ O ₂	46.36	240	7.03
32	9,12-Octadecadienoic acid (Z,Z)-,1,2,3-propanetriyl ester (Trilinolein)	C ₅₇ H ₉₈ O ₆	48.47	878	0.38
33	Linoleic acid ethyl ester (Ethyl linoleate)	C ₂₀ H ₃₆ O ₂	48.96	308	0.96
34	Ethyl 3,7,12-trihydroxycholan-24-oate (Ethyl iso-allocholate)	C ₂₆ H ₄₄ O ₅	49.21	436	1.46
liix) Dicarboxylic ester					
35	1,2-Benzenedicarboxylic acid, dinonyl ester (Phthalic acid, dinonyl ester)	C ₂₆ H ₄₂ O ₄	35.32	418	0.45
Vx) Aromatic alcohols					
36	Phenol, 2,4-bis (1,1-dimethylethyl)	C ₁₄ H ₂₂ O	26.62	206	0.38
Vix) Cyclo ether					
37	D- Erythro-pentopyranose , 2-deoxy, tris-O-trimethylsilyl)-	C ₁₄ H ₃₄ O ₄ Si ₃	17.41	350	0.49

Table 2: *In vitro* reducing activity (CRA) of *C. militaris* n-hexane extract.

Concentration of the n-hexane extract (%)	<i>Cordyceps militaris</i> CRA (%)			
	Incubation time (h)			
	24	48	72	96
0.5	70.7±1.80	72.8±1.10	75.7±1.42	91.4±1.05
1.0	71.4±1.20	74.0±0.95	77.9±2.05	91.4±2.32
2.0	72.9±0.60	76.5±1.20	80.7±1.30	92.1±1.90
3.0	76.4±0.90	81.7±1.00	87.1±0.60	97.9±0.80
4.0	77.9±0.40	83.1±0.90	89.3±0.90	100.0±0.00

Each value represents the mean of three replicates (Mean ±SD).

Cytotoxicity of *C. militaris* n-hexane extract on HCT116 cell line monolayers

The results of cytotoxicity which were given in Figure 3 recorded a weak inhibition of mushroom extract to HCT116 cell line at all concentrations. The maximum effect was shown at 50 µg/mL where 12.7% inhibition of cells growth was achieved. The fatty acids: 9-Octadecenoic acid (Z)-, methyl ester (Methyl oleate) (Hema *et al.*, 2011) and Linoleic acid ethyl ester (Ethyl linoleate) (Jargalsaikhan *et al.*, 2013) were found to have a cytotoxic effect on cancer cells.

Hypoglycemic effect of the n-hexane extract of *C. militaris*

The results in Figure 4 confirmed a weak inhibition of n-hexane metabolites to α-amylase (18.8±0.78%) at 55 ppm compared with acarbose (100%) which led to an increase in the levels of sugar in the medium.

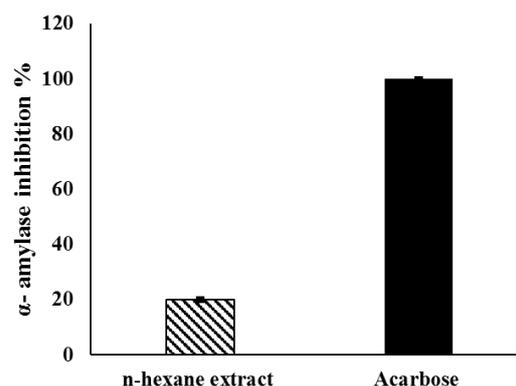


Figure 4: The α-amylase inhibition (%) of n-hexane extract of *C. militaris*, and acarbose as positive control. Error bars represent the standard deviation of three independent experiments.

Table 3: Results of cytotoxicity and antiviral activities of the tested extract on MA104 cells determined by MTT method.

Antiviral activity	CC ₅₀ (µg/mL) ^a	IC ₅₀ (µg/mL) ^b	TI ^c
<i>C. militaris</i> n-hexane extract	6000±0.6	300±0.2	20

^a 50% cytotoxic concentration

^b 50% inhibitory concentration

^c Therapeutic index (CC₅₀ / IC₅₀)

Cytotoxicity and anti- RV SA-11 effect

N-hexane extract of *C. militaris* was investigated for its cytotoxic effect on MA 104 cells using MTT colorimetric assay. The CC₅₀, IC₅₀ and therapeutic index values of the tested extract against MA 104 cells was evaluated as presented in Table 3.

Viral replication cycle includes various steps such as attachment, penetration, replication of viral proteins and genetic materials, assembly and viral escaping from infected cells. These steps can be used as targets of anti-rotavirus SA-11 agents (Estes and Kapikian, 2007). In this study, we determined the effect of tested *C. militaris* n-hexane extract on the attachment step and penetration steps. As shown in Table 3. *Cordyceps militaris* showed CC₅₀ higher than 1 mg/mL and the obtained IC₅₀ was 300±0.2 µg/mL, with therapeutic index 20. These results suggested that this extract has an antiviral activity.

CONCLUSION

In the current study, the n-hexane extract of the caterpillar mushroom, *C. militaris*, was evaluated for its bioactive compounds. The extract exhibited promising cholesterol-reducing capability, antioxidant potential and anti- RV SA-11 activities. The chemical profile of the compounds revealed detection of 37 compounds belonging to different chemical classes. Fatty acids comprised about 72% of total metabolites. The presence of the bioactive aromatic alcohols compounds; Phenol, 2,4-bis (1,1-dimethylethyl) could be suggested as the reason for the DPPH scavenging activity of the extract. On the other hand, detection of fatty acids such as heptadecanoic acid, methyl ester, 9-octadecenoic acid (Z), and methyl ester (Methyl oleate) in the n-hexane extract of *C. militaris* could be involved in cholesterol reduction ability as described previously. The present study highlighted the importance of the medicinal mushroom, *C. militaris*, as a promising source of valuable therapeutic compounds which could be used as alternatives to synthetic drugs.

ACKNOWLEDGEMENTS

This research was not funded by any agency.

REFERENCES

- Adams, R. P. (1995). Identification of essential oil components by gas chromatography/ Mass spectroscopy, Allured Publishing Corporation, Carol Stream ash samples. *Journal of Chromatography A* **985**, 137-145.
- Ahn, Y. J., Park, S. J., Lee, S. G., Shin, S. C. and Choi, D. H. (2000). Cordycepin: Selective growth inhibitor derived from liquid culture of *Cordyceps militaris* against *Clostridium* spp. *Journal Agriculture Food Chemistry* **48**, 2744-2748.
- Ajayi, G. O., Olagunju, J. A., Ademuyiwa, O. C. and Martins, O. (2011). Gas chromatography-mass spectrometry analysis and phytochemical screening of ethanolic root extract of *Plumbago Zeylanica*, Linn. *Journal Medical Plant Research* **5**, 1756.
- Choi, S. B., Park, C. H., Choi, M. K., Jun, D. W. and Park, S. (2004). Improvement of insulin resistance and insulin secretion by water extracts of *Cordyceps militaris*, *Phellinus linteus*, and *Paecilomyces tenuipes* in 90% pancreatectomized rats. *Bioscience Biotechnology Biochemistry* **68**, 2257-2264.
- Cunningham, K. G., Hutchinson, S. A., Manson, W. and Spring, F. S. (1951). Cordycepin, a metabolic product from cultures of *Cordyceps militaris* (Linn.) Link. Part I. Isolation and characterisation. *Journal Chemistry Society* **508**, 2299-3200.
- Estes, M. K. and Kapikian, A. Z. (2007). Rotaviruses. In: Fields Virology. Knipe, D. M., Griffin, D. E., Lamb, R. A., Straus, S.E., Howley, P. M., Martin, M. A. and Roizman, B. (eds.). Lippincott Williams and Wilkins, Philadelphia. pp. 1917-1974.
- Finney, D. J. (1952). Statistical Method in Biological Assay. London: Charles Griffin & Co., Ltd. pp. 394-398.
- Gao, J., Lian, Z. Q., Zhu, P. and Zhu, H. B. (2011). Lipid-lowering effect of cordycepin (3'-deoxyadenosine) from *Cordyceps militaris* on hyperlipidemic hamsters and rats. *Yao Xue Xue Bao* **46**, 669-676.
- Gregori, A. (2014). Cordycepin production by *Cordyceps militaris* cultivation on spent brewery grains. *Acta Biologica Slovenica* **57**, 45-52.
- Hema, R., Kumaravel, S. and Alagusundaram, K. (2011). GC/MS determination of bioactive components of *Murraya koenigii*. *Journal of American Science* **7(1)**, 80-83.
- Hong, I. P., Kang, P. D., Kim, K. Y., Nam, S. H., Lee, M. Y., Choi, Y. S., Kim, N. S., Kim, H. K., Lee, K. G. and Humber, R. A. (2010). Fruit body formation on silkworm by *Cordyceps militaris*. *Microbiology* **38**, 128-132.
- Hung, Y. P. and Lee, C. L. (2017). Higher anti-liver fibrosis effect of *Cordyceps militaris* fermented product cultured with deep ocean water via inhibiting proinflammatory factors and fibrosis-related factors expressions. *Marine Drugs* **15**, 168-182.

- Jargalsaikhan, U., Javzan, S., Selenge, D., Nedelcheva, D., Philipov, S. and Nadmid, J. (2013). Fatty acids and their esters from *Cicuta virosa* L. *Mongolian Journal of Chemistry* **14**(40), 71-74.
- Jeong, M. H., Lee, C. M., Lee, S. W., Seo, S. Y., Seo, M. J., Kang, B. W., Jeong, Y. K., Choi, Y. J., Yang, K. M. and Jo, W. S. (2013). Cordycepin-enriched *Cordyceps militaris* induces immunomodulation and tumor growth delay in mouse-derived breast cancer. *Oncology Reports* **30**, 1996-2002.
- Kim, J. R., Yeon, S. H., Kim, H. S. and Ahn, Y. J. (2002). Larvicidal activity against *Plutella xylostella* of cordycepin from the fruiting body of *Cordyceps militaris*. *Pest Management Science* **58**, 713-717.
- Lee, B., Kim, J., Kang, Y. M., Lim, J., Kim, Y., Lee, M., Min-Ho J., Chang-Bum, A. and Jae-Young, Je. (2010). Antioxidant activity and γ -aminobutyric acid (GABA) content in sea tangle fermented by *Lactobacillus brevis* BJ20 isolated from traditional fermented foods. *Food Chemistry* **122**, 271-276.
- Lee, J. S. and Hong, E. K. (2011). Immunostimulating activity of the polysaccharides isolated from *Cordyceps militaris*. *International Immunopharmacology* **11**, 1226-1233.
- Ma, L., Zhang, S. and Du, M. (2015). Cordycepin from *Cordyceps militaris* prevents hyperglycemia in alloxan-induced diabetic mice. *Nutrients Research* **35**, 431-439.
- Mizuno, T. (1999). Medicinal effects and utilization of *Cordyceps* (Fr.) Link (ascomycetes) and *Isaria* Fr. (mitosporic fungi) Chinese caterpillar fungi, tochukaso (review). *International Journal Medicinal Mushrooms* **1**, 251-261.
- Mueller, W. E., Weiler, B. E., Charubala, R., Pfeleiderer, W., Leserman, L., Sobol, R. W., Suhadolnik, R. J. and Schroeder, H. C. (1991). Cordycepin analogs of 2', 5'-oligoadenylate inhibit human immunodeficiency virus infection via inhibition of reverse transcriptase. *Biochemistry* **30**, 2027-2033.
- Nabil, B., Zyed, R., Mohamed, A., Souad, S. and Mahjoub, A. (2012). Assessment of the cytotoxic effect and *in vitro* evaluation of the anti-enteroviral activities of plants rich in flavonoids. *Journal of Applied Pharmaceutical Science* **02**, 74-78.
- Nallathamby, N., Guan-Serm, L., Vidyadaran, S., Malek, S. N. A., Raman, J. and Sabaratnam, V. (2015). Ergosterol of *Cordyceps militaris* Attenuates LPS Induced Inflammation in BV2 Microglia Cells. *Natural Product Communications* **10**(6), 885-886.
- Ng, T. B. and Wang, H. X. (2005). Pharmacological actions of *Cordyceps*, a prized folk medicine. *Journal of Pharmacology* **57**, 1509-1519.
- Ohta, Y., Lee, J. B., Hayashi, K., Fujita, A., Park, D. K. and Hayashi T. (2007). *In vivo* antiinfluenza virus activity of an immunomodulatory acidic polysaccharide isolated from *Cordyceps militaris* grown on germinated soybeans. *Journal Agriculture Food Chemistry* **55**, 10194-10199.
- Pan, J., Zhang, Q., Zhang, Y., Ouyang, Z., Zheng, Q. and Zheng, R. (2005). Oxidative stress in heroin administered mice and natural antioxidants protection. *Life Sciences* **77**(2), 183-193.
- Paterson, M. and Russel, M. (2008). Cordyceps – A traditional Chinese medicine and another fungal therapeutic biofactory? Review. *Photochemistry* **69**, 1469-1495.
- Rukachaisirikul, V., Pramjit, S., Pakawatchai, C., Isaka, M. and Supothina, S. (2004). 10-membered macrolides from the insect pathogenic fungus *Cordyceps militaris* BCC 2816. *Journal Natural Products* **67**, 1953-1955.
- Shaheen, M., Borsanyiova, M., Mostafa, S., Chawla-Sarkar, M., Bopegamage, S. and El-Esnawy N. (2015). *In vitro* effect of *Dodonaea viscosa* extracts on the replication of coxackievirus B3 (Nancy) and rotavirus (SA-11). *Journal of Microbiology and Antimicrobial Agents* **1**(2), 47-54.
- Smiderle, F. R., Baggio, C. H., Borato, D. G., Santana-Filho, A. P., Sasaki, G. L., Iacomini, M. and Van Griensven, L. J. (2014). Anti-inflammatory properties of the medicinal mushroom *Cordyceps militaris* might be related to its linear (1 \rightarrow 3)- β -D-glucan. *PLoS One* **9**, e110266.
- Sun, J., An, L., Zhang, Z., Zhao, N., Yuan, G. and Du, P. (2017). Extraction methods and sedative-hypnotic effects of polysaccharide and total flavonoids of *Cordyceps militaris*. *Biotechnology and Biotechnological Equipment* **32**(2), 498-505.
- Tianzhu, Z., Shihai, Y. and Juan, D. (2015). The effects of cordycepin on ovalbumin-induced allergic inflammation by strengthening treg response and suppressing Th17 responses in ovalbumin-sensitized mice. *Inflammation* **38**, 1036-1043.
- Wang, C. W., Hsu, W. H. and Tai, C. J. (2017). Antimetastatic effects of cordycepin mediated by the inhibition of mitochondrial activity and estrogen-related receptor α in human ovarian carcinoma cells. *Oncotarget* **8**, 3049-3058.
- Wang, M., Meng, X. Y., Yang, R. L., Qin, T., Wang, X. Y., Zhang, K. Y., Fei, C. Z., Li, Y., Hu, Y. L. and Xue, F. Q. (2012). *Cordyceps militaris* polysaccharides can enhance the immunity and antioxidation activity in immunosuppressed mice. *Carbohydrate Polymers* **89**, 461-466.
- Won, S. Y. and Park, E. H. (2005). Anti-inflammatory and related pharmacological activities of cultured mycelia and fruiting bodies of *Cordyceps militaris*. *Journal Ethnopharmacology* **96**, 555-561.
- Wong, J. H., Ng, T. B., Wang, H., Sze, S. C. W., Zhang, K. Y., Li, Q. and Lu, X. (2011). Cordymin, an antifungal peptide from the medicinal fungus *Cordyceps militaris*. *Phytomedicine* **18**, 387-392.
- Xiao, Z., Storms, R. and Tsang, A. (2006). A quantitative starch-iodine method for measuring alphaamylase and glucoamylase activities. *Analytical Biochemistry* **351**(1), 146-148.
- Yang, C. H., Kao, Y. H., Huang, K. S., Wang, C. Y. and Lin, L. W. (2012). *Cordyceps militaris* and mycelial

fermentation induced apoptosis and autophagy of human glioblastoma cells. *Cell Death and Disease* **3**, e431.

Yong, T., Chen, S., Xie, Y., Chen, D., Su, J., Shuai, O., Jiao, C. and Zuo, D. (2018). Cordycepin, a characteristic bioactive constituent in *Cordyceps militaris*, resist to hyperuricemia based on URAT1 in hyperuricemic mice. *Frontiers Microbiology* **9**, 1-12.

Yuxiang, Gu., Zunsheng, W. and Qinsheng, Y. (2006). The varieties of antioxidant activity of *Cordyceps militaris* during the submerged Fermentation *Electronic Journal of Biology* **2(2)**, 30-33.

Zhong, M., Wang, L. H., Ma, H., Guo, Z. F., Wang, C. C. and Liu, S. X. (2008). Effect of selenium–protein polysaccharide extracted from Se-rich *Cordyceps militaris* on tumor-bearing mice. *Journal Chinese Materia Medica* **33(18)**, 2120-2123.