



High-level persistence of biofilm formation in methicillin resistant *Staphylococcus aureus*

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ABSTRACT

Aims: Biofilm formation by Methicillin-resistant *Staphylococcus aureus* on a variety of surfaces and detection of the biofilm-forming population by the most reliable method is very much essential to diagnose the nosocomial infection caused by *S. aureus*.

Methodology and results: This study is aimed to evaluate the biofilm producing ability of *S. aureus* by qualitative Congo red agar (CRA), and quantitative microtitre plate (MTP) methods. The morphological difference of biofilms analysis was done by SEM (Scanning Electron Microscope) and genotyping analysis of *mecA* and *femA* for determination of MRSA among isolated *S. aureus* strains and to check the biofilm producers among MRSA strains. Biofilm production was found to be at different intensities by MTP. The strong, moderate and weak biofilm producers were found to be 38.63%, 31.81%, and 29.54% respectively. The strong adherent biofilm formed by representative isolate developed a dense biofilm with thick mucus three-dimensional multilayered structure of macroscopic dimension. Conversely, SEM analysis of moderate and weak biofilm representative strain failed to form a monolayer of scattered single cells to three-dimensional structure. The 47.72% of *S. aureus* isolates have shown positive for the genotypic analysis of *mecA* and *femA*. The strong and moderate biofilm forming MRSA was found to be 38.63% and 9.09%, respectively.

Conclusion, significance and impact of study: The great challenge is associated with biofilm mediated infection caused *S. aureus* healthy and hospitalized individual hence the present study reinforces the need of precautionary measures to avoid the indiscriminate use of antibiotics in case of biofilm-forming MRSA.

Keywords: MRSA, MSSA, Biofilm, MTP and SEM.

INTRODUCTION

Health-care-associated infections caused by microorganisms pose a significant problem in a present day hospital environment, among various microbial infections, *Staphylococcus aureus* infection is one of the most frequently occurring bacterial infections (Smith *et al.*, 2008). The continuous persistence of *S. aureus* believed to be because of its ability to resist antibiotics. For instance, the antibiotic methicillin was being used against *S. aureus*, however, within two years *S. aureus* found resistant to methicillin (Eriksen, 1961). The emergence and widespread of Methicillin resistant *S. aureus* MRSA between the early 1960s and late 1990s have begun to pose a serious threat to the chemotherapy of Staphylococcal diseases; this resistivity led to the difficulty in successful treatment of *S. aureus* infections (Eguia and Chambers, 2003). The genetic determinant of methicillin resistance in MRSA is the acquired gene

mecA, which encodes the low-affinity penicillin-binding protein 2A (PBP2A) and the current theory, this functions as a surrogate transpeptidase in the presence of high concentration of β lactam antibiotics that inactivate four high-affinity PBPs native to *S. aureus* (de Jonge and Tomasz, 1993). In India alone, 70% of the *S. aureus* strains are resistant to methicillin which has increased mortality rate (Anupurba *et al.*, 2003). Compared to other pathogenic strains (MRSA) infections caused 20% death of all infections (Boucher and Corey, 2008). The resistivity of *S. aureus* infections is dependent on several factors among them, the most important factor is the ability of this organism to form biofilms (Babra *et al.*, 2014).

Several multidrug-resistant bacteria including *S. aureus* are capable of forming a monolayer of scattered single cells to thick multi-layered mucus like the structure of the macroscopic dimension known as a biofilm on the various surface (Mirani *et al.*, 2013). Biofilm formed by multidrug-resistant MRSA protect the cells not only from

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host immune response but also from antimicrobial agents by restricted penetration of antibiotic through the biofilm, nutrient limitation, adaptive response and genetic alteration to the prevailing cell (Mirani and Jamil, 2011). Biofilm persistence is the cause of many chronic infections such as endocarditis, osteomyelitis, chronic otitis media, foreign-body-associated infections, gastrointestinal ulcers and urinary tract infections (Anupurba *et al.*, 2003). Apart from infection, biofilm helps bacteria to communicate with each other by using chemical signal called quorum sensing, the cell-cell communication via quorum sensing involves the production, release, detection, and response to small hormone-like molecules termed pheromones or autoinducers (Jayaraman and Wood, 2008). The mechanism of biofilm formation includes the Staphylococci attachment either to host tissue or to the surface of a medical device, they then proliferate and accumulate into multi-layered cell clusters, which are embedded in an amorphous extracellular material that mainly is composed of N-acetyl-glucosamine, cell wall teichoic acids, DNA, and host products (Heilmann and Götz, 2010). The mature biofilm contains fluid-filled channels that ensure the delivery of nutrients and oxygen to bacterial cells located deeper in the biofilm. From a mature biofilm, individual cells or cell aggregates can detach, and upon detachment, the bacteria may disseminate via the bloodstream, which may cause infection (Anupurba *et al.*, 2003; Heilmann and Götz, 2010).

It becomes important to check for the presence of biofilms in a particular area in order to control them. In this regard, the present study is an attempt to detect biofilm producing *S. aureus* in the sample isolated from the hospitals and diagnostic centers of Gulbarga region, Karnataka using antibiotic susceptibility test. We also tested for *mecA* and *femA* gene in the isolated *S. aureus* established the difference in the microscopic characters between biofilm producing and non-producing strains.

MATERIALS AND METHODS

Bacterial strains and growth conditions

In this study, *S. aureus* will be isolated from cultured pus and blood samples collected from hospitals and diagnostic clinical centers of Gulbarga region, Karnataka, India. All the samples were enriched using brain heart infusion (BHI) agar (Himedia Laboratories, Mumbai, India) for 24 h at 37 °C. Isolation and identification of *S. aureus* were monitored on differential and selective media (Baird Parker Agar, Mannitol Salt Agar, and Sheep's blood Agar). Further, isolates were identified on the basis of microscopic morphology, and biochemical studies.

Antibiotic susceptibility test

Antibiotics susceptibility was determined by disc diffusion method, according to the criteria of the Clinical and Laboratory Standards Institute guidelines (CLSI, 2012). The antibiotic susceptibility of *S. aureus* test was

determined using different antibiotics discs namely, penicillin, ampicillin, gentamycin, streptomycin, kanamycin, teicoplanin, methicillin and vancomycin performed on Muller Hinton Agar (Hi-media, Mumbai). The plates were incubated at 37 °C for 24 h. The strains were classified as resistant, intermediate and susceptible based on the zone of inhibition. Bacterial strains that demonstrated resistance to three or more categories of antibiotics were defined as multidrug resistant.

Phenotypic detection of biofilm producers

Phenotypic evaluation of biofilm producers was done using the congo red agar as described earlier with slight modification (Freeman *et al.* 1989; Mirani and Jamil 2011). Brain heart infusion agar plates containing 50 g/L sucrose and 0.8 g/L Congo red were prepared and streaked with isolates and incubated for 48-72 h at 37 °C. Positive isolates were indicated by black colonies.

Biofilm assay by Microtitre Plate (MTP)

The quantitative method of Biofilm forming ability was measured by adherence to microtitre plates (MTP) (Nasr *et al.*, 2014; Christensen *et al.*, 1985). The individual wells of flat-bottom 96-well tissue culture plates (Nunc, Denmark) were filled with 100 µL of Tryptic Soy Broth (TSB). Diluted overnight bacterial culture (1:100 in TSB, 200 µL of TSB (with/without supplements) was added to each individual well. Well, containing only TSB was used as negative control and incubated for 48 h at 37 °C. After incubation wells were gently washed with 200 µL of PBS (pH 7.4) then dried in an inverted position in a hot air oven at 60 °C for 1 h. The wells were stained with 100 µL of 2% crystal violet solution and incubated for 15-20 min at 37 °C. The plates were washed two times with distilled water and dried, then washed using 95% ethanol, and the optical density was determined using a microtiter plate reader at 570 nm (iMark Microplate Reader Sigma-Aldrich, Japan). Based on OD the isolate was referred to as weak (OD=0.480), moderate (OD=0.720) and strong (OD>0.720) biofilm producers (Babra *et al.* 2014).

Scanning Electron Microscope (SEM) analysis

Three biofilm forming *S. aureus* isolates (referred to as weakly adherent, moderate adherent, and full adherent strains of *S. aureus*) were based on their MTP biofilm assay, the bacterial cells from each culture were recovered by centrifugation at 6000 RPM for 5 min and the cells were washed twice with potassium phosphate buffer (50 mM, pH 7.0). Bacterial cells were fixed by immersing in 2.5% glutaraldehyde in potassium phosphate buffer (50 mM, pH 7) for overnight at 4 °C. Then the specimens were washed twice with buffer and dehydrated by ethanol series (v/v) ranging from 30%, 40%, 50%, 60%, 70%, 80%, 90% to 100%. For SEM analysis, all the specimens were dried overnight in a desiccator to the critical point, coated with gold and subjected to SEM (Hibbing *et al.*, 2010).

PCR for detection of *mecA* and *femA* genes

The genomic DNA from *S. aureus* strains was isolated by using the DNA extraction kit (Genei Bangalore) according to the manufacturer's instruction. All the isolates were further subjected for molecular characterization to detect the presence of *mecA* and *femA* gene, associated with the low affinity of penicillin-binding protein, PBP2a. The *mecA* gene was amplified by PCR using the forward primer 5'-ACTGCTATCCACCCTCAAAC-3' and the reverse primer 5'-CTGGTGAAGTTGTAATCTGG-3', and the *femA* gene was amplified using the forward primer 5'-AAAAAAGCACATAACAAGCG-3' and the reverse primer 5'-GATAAAGAAGAAACCAGCAG-3' (Arakere *et al.*, 2005).

RESULTS

Antibiotic susceptibility test

A total of 44 isolates were identified as *S. aureus*, from the different clinical samples (Figure 1), based on colonial characters on different media such as black colonies with opaque zone on Baird Parker agar, mannitol fermentation on mannitol salt agar (Himedia) and blood hemolysis on Sheep's blood agar and further they were confirmed by biochemical tests. The antimicrobial susceptibility test of all 44 isolates showed significant resistance pattern where, 100% isolates showed resistant to penicillin, 86% to isolates showed resistant to ampicillin, 75% to streptomycin, 65.9% to gentamicin, 54.5% oxacillin, 52.27% to methicillin, 34.09% isolates to ciprofloxacin, 22.7% to rifampicin, 38.6% to erythromycin, 11.3% to vancomycin and 9.09% to teicoplanin. Among the 44 isolates, the majority of them were having multiple drug resistance (Figure 2 and Table 1).

Biofilm formation

The results of a current study by the qualitative method by Congo red agar and quantitative method by MTP for biofilm production by 44 isolates were mentioned in Table 1. In Congo red agar method, 54.54% were biofilm producer; the remaining 45.46% did not show characteristic features for biofilm production. In MTP method biofilm production was detected with different intensities, 38.63% isolates were placed in the high biofilm producers, while 31.81% and 29.54% strains were placed under the moderate and weak or non-biofilm producers respectively. The correlation between CRA and MTP method for the biofilm detection is represented in Figure 3.

Scanning electron microscope analysis

SEM analysis (Figure 4) results show that in strong adherent biofilm population the cells were closely intact with thick mucus and multi-layered structure. The moderate adherent biofilm population representative isolate was less loosely intact, grew in uniform monolayer,

however, did not form multi-layered and three-dimension biofilm. The weak biofilm isolates failed to aggregate to form a monolayer or a mature biofilm structure.

PCR for detection of *femA* and *mecA* genes

All the isolates were subjected for molecular characterization to detect the presence of *mecA* and *femA* gene, associated with the low affinity of penicillin-binding protein, PBP2a. The genotypic expression of methicillin resistance for all *S. aureus* clinical isolates were examined in this study, among total strains of *S. aureus*, 47.72% were MRSA, all the MRSA strains were positive for the *mecA* and *femA* genes amplification which is highly conserved in *Staphylococcus* species, so it is possible to detect methicillin-resistant *S. aureus* by detection of these gene complex in their genome. The remaining 52.26% is MSSA which is negative for the *mecA* gene amplification (Table 1 and 2).

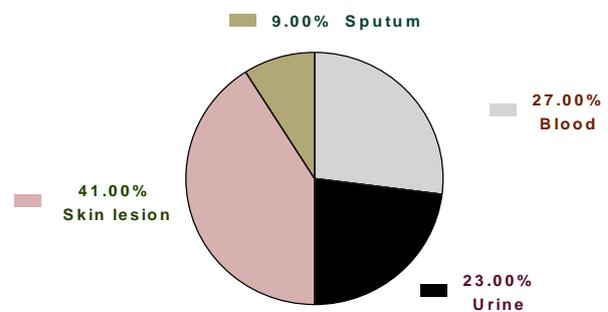


Figure 1: Distribution of *S. aureus* isolates from clinical samples.

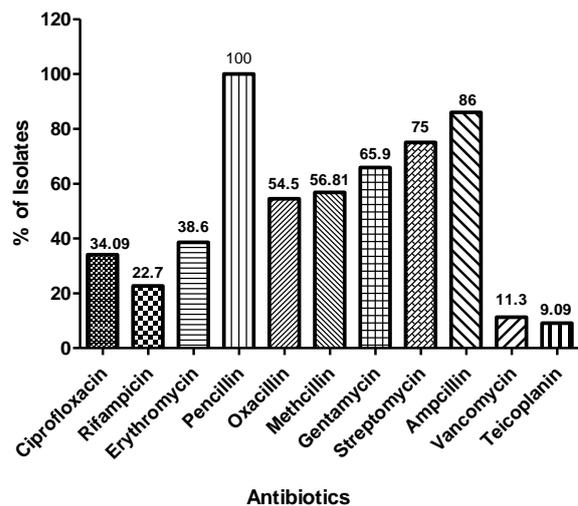


Figure 2: Antibiotic profile of *S. aureus* isolates examined in this study.

Table 1: Distribution of *mecA/femA* genes in multidrug-resistant *S. aureus* isolates and evaluation of biofilm production in staphylococcal isolates according to MTP and CRA methods.

<i>S. aureus</i> strains	Antibiotic resistance pattern	<i>mecA/femA</i>	CRA	MTP
SA1	POMGSACREVT	+	+	++
SA2	PGSA	-	-	+
SA3	POMGSACREVT	+	+	++
SA4	PGSA	-	-	+/-
SA5	POMGSACRE	+	+	++
SA6	PGA	-	+	+/-
SA7	POMGSACREVT	+	+	++
SA8	POMGSACREV	+	+	++
SA9	POMGSA	-	+	+
SA10	PSAC	-	-	+
SA26	POMGSA	+	+	+
SA12	POMGSACRE	+	+	++
SA13	POMGSA	+	-	+
SA14	PSAC	-	-	+/-
SA15	PGA	-	-	+/-
SA16	POMGSACREVT	+	+	++
SA17	PSAE	-	-	+
SA18	POMGSACE	+	+	++
SA19	PSA	-	-	+
SA20	POMGSAC	+	+	++
SA23	PAE	-	-	+
SA25	POMGSACE	+	+	++
SA27	PRE	-	+	+/-
SA29	POMGSAC	+	+	++
SA30	POMGSAC	+	-	++
SA31	POMGSA		+	+/-
SA32	POMGSA		+	+/-
SA33	POMGSACE	+	+	++
SA34	PARE	-	-	+
SA35	POMGSA	+	+	+
SA36	POMGSA	+	+	+
SA37	PR	-	-	+/-
SA38	POMGSAE	+	+	++
SA39	P	-	+	+/-
SA40	POMGSAE	+	-	++
SA41	PAE	-	-	+
SA42	POMGSA	+	+	++
SA43	POMGSA	+	+	++
SA44	PS	-	-	+/-
SA45	PA	-	-	+/-
SA46	P	-	-	+/-
SA47	PSA	-	-	+
SA48	PMGSA	-	-	+
SA49	P	-	-	+/-

P, penicillin; A, ampicillin; S, streptomycin; G, gentamycin; T, tetracycline; C, ciprofloxacin; O, oxacillin; M, methicillin; R, rifampicin; V, vancomycin; E, erythromycin. For typing of *mecA* and *femA*, and CRA: (-), negative; (+), positive. For MPT: (+/-), weak; (+), moderate; (++) , strongly positive.

DISCUSSION

In India, the prevalence rate of MRSA is increasing drastically, and in the early 20th century, the prevalence rate of MRSA from India has increased to 20-32.8% (Udaya Shankar *et al.*, 1997; Mehta *et al.*, 1998). A study from north India, Delhi had also shown the similar results

where the rate of MRSA prevalence was 31.2% and 38.44% in 2008 and 2009, respectively (Tiwari *et al.*, 2008; Gadepalli *et al.*, 2009). In another study, the rate of MRSA prevalence was found to be 42% in 2008 and 40% in 2009 (Ray *et al.*, 2013). According to the previous study, the prevalence rate of MRSA was 44.8% in

Gulbarga region (Mendem *et al.*, 2016). However, the prevalence rate of MRSA has been increased now to 54.45% for the same region.

The MRSA isolated in the present study were resistant to ≥ 10 antibiotics from a different class of antibiotics including β -lactamase, aminoglycosides, and glycopeptides. The percentage of MDR isolates were about 72% which were significantly high in comparison to another study, where it was found to be 20% (Goldstein *et al.*, 1996). The mechanism for the creation of highly resistant subclones would be the transposition of mobile genetic elements such as integrons, transposons and even larger resistant gene clusters such as SCC *mec* chromosomal cassettes (Ito *et al.*, 2001; Katayama *et al.*, 2000). Another evidence suggests that the reason for multi-drug resistance may be likely due to prolonged and repeated usage of methicillin against *S. aureus* infection (Martins *et al.*, 2007).

Given the significant negative impact of the nosocomial infection caused by MDR associated biofilm production, the standard test for the detection of biofilm formation is by using MTP. The MTP assay is widely considered to be most sensitive, accurate and reproducible screening method for determination and reported as a reliable quantitative method for detection of different intensities of biofilm formation by the clinical isolates of MDR compare to the qualitative method by congo red agar (Nasr *et al.*, 2012).

In MTP method biofilm production was detected with different intensities, where 38.63% isolates were placed in the high biofilm producers, while 31.81% and 29.54% strains were placed under the moderate and weak biofilm producers respectively. Similar results were observed in the previous study, where 57.8% of Staphylococcal clinical isolates have displayed positive phenotypic results for biofilm production and 14.47% were high, and 39.4% were moderate biofilm producers by MTP method (Mathur *et al.*, 2006). According to another study, the biofilm production was detected in 46% of the Staphylococcal isolates where, 26% isolates were strong producers, 12% isolates were moderate biofilm producers (Nasr *et al.*, 2012).

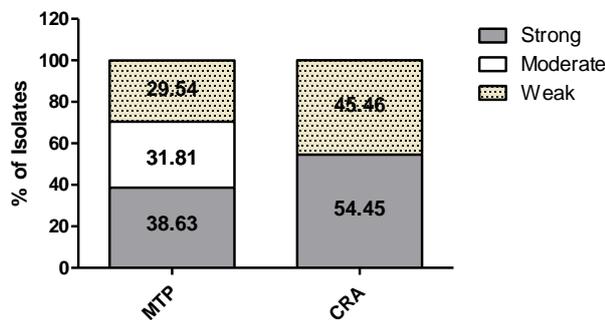


Figure 3: Percentage of biofilm-forming *S. aureus* strains on TSB media according to microtitre plate and Congo red agar method.

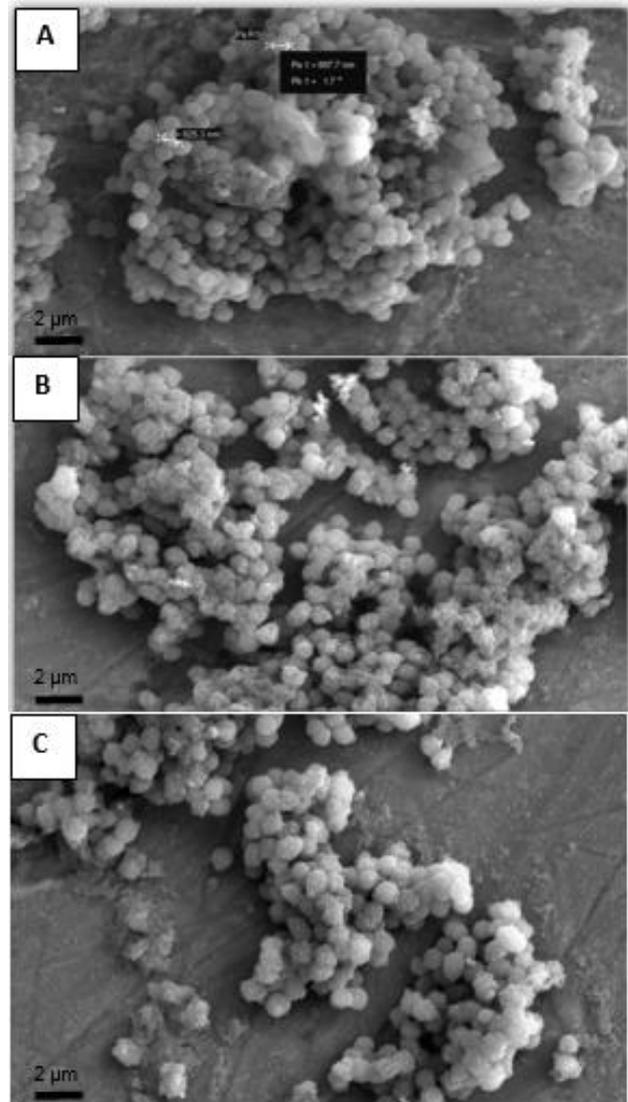


Figure 4: Scanning electron microscope analysis of biofilm formation of *S. aureus* isolates. A, strong adherent biofilm production; B, moderate adherent biofilm production; C, weak or non-adherent biofilm production.

Table 2: Percentage of biofilm-forming *S. aureus* strains on TSB media according to microtitre plate and Congo red agar method. Detection of *mecA/femA* genes in *S. aureus* isolates.

Biofilm detection	(+) <i>mecA/femA</i> (%)
MTP	
Strong Biofilm	17 (38.63)
Moderate Biofilm	4 (9.09)
Weakly Biofilm	-
CRA	
Biofilm formation	18 (40.90)

(-), negative; (+), positive, (%), percentage.

In the current study, the biofilm production was high in isolates with multidrug-resistant to the different class of antibiotic. This data suggests the significant correlation between prevalence of multidrug-resistant of the clinical isolates and biofilm production. According to the previous study, once *S. aureus* adopts biofilm mode of growth, they protect themselves by resisted penetration of the antibiotic into the cells located in the inner layers of biofilm and the adaptive response to repeated exposure to a different group of antibiotics could induce biofilm formation among the MDR challenging the treatment by antibiotics.

In order to evaluate the monolayer of scattered single cells to thick mucus multi-layered structure of the macroscopic dimension of *S. aureus* morphology, was performed. The changes in morphology noted as an adaptive response to overcome the adverse environmental conditions mainly occurred due to multidrug-resistant in this study and this response has already been reported with several bacterial species (Raju *et al.*, 2007).

The *mecA* gene amplification from *S. aureus* is considered as a gold standard method for identification of MRSA strains, and it is associated with drug resistance determinant (Arakere *et al.*, 2005; Raju *et al.*, 2007). Further, *femA* and *mecA* gene encode for β -lactam antibiotic resistance and also serves to be a unique feature as a species identification marker of *S. aureus* (Vannuffel *et al.*, 1995; Serralta *et al.*, 2001).

The study suggests that the isolates were MRSA as well as biofilm producers. In this regard, we further extended our work in the determination of biofilm producer among the isolated strains of MRSA and MSSA. The biofilm formation by MTP method is 70.44% among the total isolates of *S. aureus* which was screened for biofilm formation. The majority of fully and moderate established biofilms were formed by 38.63% and 9.09% of MRSA respectively. In contrast, 22.72% and 29.54% contributes to moderate adherent and weak biofilm were formed by MSSA. while our study shows 47.72% of Methicillin-resistant strains were biofilm producers compare to methicillin-sensitive strains, which is quite high compared to study showing results that 37.9% of MRSA strains were biofilm producers (Kwon *et al.*, 2008).

CONCLUSION

The results suggested that the formation of biofilm helps the representative to resist the antibiotic. The prevalence of biofilm formation was significantly higher in isolates of MRSA compared to MSSA which suggests the dependence of biofilm development on the presence of multidrug resistant. Our results suggest reinforcing the need to look for precautionary and aseptic measures to be taken to prevent the biofilm formation among MRSA and the indiscriminate use of antibiotics at present times in clinical practice.

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